

INTUITIVE, EMPATHETIC, & KINESTHETIC PERCEPTION

BY PROF. JERRY ALAN JOHNSON, PH.D., D.T.C.M (CHINA)

WEDNESDAY, FEB. 16TH, 2022

8:00 a.m. Introduction to Intuitive Training.

Reading Assignment: V3, Ch. 21 (p. 3-7).

- **Understanding Intuitive Diagnosis.**
Reading Assignment: V3, Ch. 21 (p. 7-13).
- **The Hidden Memories inside the Tissues.**
Reading Assignment: V3, Ch. 21 (p. 14-17).
- **Inner-Vision Meditations.**
Reading Assignment: V3, Ch. 21 (p. 18-26).

10:00 a.m. Reading & Diagnosing Energy.

Reading Assignment: V3, Ch. 21 (p. 30-35).

- **Reading & Diagnosing Aura Fields.**
Reading Assignment: V3, Ch. 21 (p. 36-54).
- **Aura Viewing Meditations.**

12:00 (NOON) - BREAK FOR LUNCH

2:00 p.m. Distance Scanning & Diagnosing.

Reading Assignment: V3, Ch. 21 (p. 55-59).

- **Long Distance Meditations.**
Reading Assignment: V3, Ch. 21 (p. 60-67).

THURSDAY, FEB. 17TH, 2022

8:00 a.m. Review and Examination.

- Exam #1: Explain and demonstrate diagnosis based on Flat Palm Detection (Hand Sensing)
- Exam #2: Explain and demonstrate diagnosis and treatment based on cleaning the Taiji Pole
- Exam #3: Explain and demonstrate diagnosis based on Kinesthetic and Empathic Qi Absorption
- Exam #4: Explain and demonstrate diagnosing Aura Fields



Figure 1. The Inner Knowing of Intuitive Perception

Exam #5: Explain and demonstrate different-Long Distance diagnosing and treatment applications.

10:00 a.m. Faith Projection & Healing.

Reading Assignment: V3, Ch. 21 (p. 68-79).

- **Using Breath Training - Hypnotic Induction.**
Reading Assignment: V3, Ch. 21 (p. 79-80).
- **Four Types of Breath Incantations.**
Reading Assignment: V3, Ch. 21 (p. 81-85); and Ch. 22 (p. 115-)

12:00 (NOON) - BREAK FOR LUNCH

2:00 p.m. Different Intuitive Applications

To introduce the student to different approaches to energetic diagnosis, and treatment applications.

- **Understanding Shadow Organs & Channels -**
Reading Assignment: V1, Ch. 8 (p. 555-556); and V3, Ch. 21 (p. 86-90) and the “Daoint Magical Transformation Skills” book (pages 77-92).

UNDERSTANDING SHADOW ORGANS AND CHANNELS

In Chinese Energetic Medicine, the study of internal organ and channel pathology would not be complete without this final addition. I have traveled the world and have only found a small handful of internal masters who actually understood this secret teaching.

This information is traditionally held as privileged “closed-door” teachings, and you must first be taught as an apprentice to a Daoist master of transformational magic to gain access to this secret knowledge. Because this esoteric teaching is so rare, I have included it within this seminar for future generations.

UNDERSTANDING THE SHADOW

In ancient China, the shadow of an individual was considered to be an important part of their energetic substance. According to my teacher,

“Ordinary people view shadows as simply being ‘unreal’ images. They think that these human reflections have form - but lack substance. Therefore, they place no value on these shadow images or their expanded reflections.

The intuitive disciple of the Dao however, observes these “unreal” shadows and human reflections as energetic containers of powerful ethereal forces. These mystical fields can be accessed, energetically manipulated, and eventually felt by the three human bodies (spirit body, energy body, and physical body).

People who have not refined their internal and external energy fields tend to be insensitive to the micro-pulsations of these energetic impressions, and remain vulnerable to external manipulation. Through consistent meditation and training, an individual can become “awakened” and develop a sensitivity to the energetic form and micro-pulsations of all shadows and reflections. This is the secret principle underlying the energetic practice of both curing illness or creating sickness by influencing an individual’s shadow.”

In ancient China, it was believed that there was a powerful energetic connection existing between the image of a shadow and the body. To the ancient Daoists, a shadow was “born of light,”

and was therefore considered to be the external reflection of the individual’s internal soul.

The energy of a shadow was also believed to be the Yin portion of an individual’s soul, and was within itself considered to be a “mysterious darkness.”

According to ancient Daoist teachings, there are eight energetic aspects that created and maintained an individual’s existence within the physical realm. These special energetic aspects include:

- **Xing (Shape, Form, Body):** The energetic shape and form of an individual’s body.
- **Qi (Energy):** The individual’s life-force.
- **Shen (Spirit):** The individual’s thoughts, feelings and belief. This manifests externally through the 4 animal personalities (lion, otter, golden retriever, and beaver).
- **Xin (Heart):** The energetic container that holds the individual’s thoughts, feelings and beliefs.
- **Zhili (Intellect):** The individual’s capacity of retaining knowledge and expressing wisdom.
- **Mingzi (Name):** The sacred sound patterns and ancestral lineage of an individual’s name.
- **Mianju (Mask):** The individual’s acquired identity, profession, and social status.
- **Yinying (Shadow):** The shape and energetic form of an individual’s living shadow.

To the ancient Chinese, after death, the Yin aspect of an individual’s soul survived and existed in a shadow-like form. This surviving energetic form (i.e., its ghost or apparition) would sometimes exist in or around tombs and burial sites. Rogue or hostile spirits were sometimes known to take on the appearance of these shadow spirits in order to “over-shadow” an individual, influence their emotional state so as to energetically feed.

THE SHADOW ORGANS AND CHANNELS

Similar in effect to the “shadow stars” that are prevalent within the night sky, the ancient Daoist were also aware of the existence of shadow organs and shadow channels located within the body’s energetic fields. According to ancient Daoist teachings, each internal organ, channel, and vessel was believed to have its own energetic shadow (Figure 2). Each energetic shadow maintains the

delicate Yin and Yang balance that exists within the jing, qi, and shen of each of the body's internal and external organs, channels, and vessels.

It is said that the body's Hun (ethereal soul) continually brings light into the various organs and channels, which are energetically supported and sustained via the individual's spiritual virtues (i.e., compassion, peace, truthfulness, integrity, honor, wisdom, etc). Likewise, the body's Po (corporeal soul) brings darkness into the various organs and channels, which are energetically supported and sustained via the individual's emotional state (i.e., anger, anxiety, worry, grief, fear, etc).

Each person has their own energetic "dark side," and because "like attracts like," these inner shadow channels become energetically "fed" through their attachments to and assimilation of negative emotional states. Because each internal organ and vessel is energetically coupled with its own "shadow," it is through these energetic portals that a malevolent spirit can negatively influence a victim's internal organs and tissues. In ancient times, it was believed that this was one of the reasons why specific types of diseased states were so prevalent in certain individual's medical histories. My teacher further explained,

"When energetically influenced, the affected Shadow Organ or Channel automatically reduces the electromagnetic field that resonates within the body's channel system. This adverse influence causes the channel's energetic potential to scatter or become stagnant. Once this detrimental type of energetic phenomena occurs, the true channel's energetic amplitude decreases, and the body becomes even more vulnerable to any energetic overshadowing initiated from an evil spirit or malicious sorcerer."

TRAINING TO REMOVE SHADOW ORGAN QI

In Daoist Alchemy we traditionally begin training a student's physical body to eliminate toxic poisons that have been stored within their tissues. This training is also used to strengthen their internal organs and organ systems. We also train the disciple's energy body to remove the toxic energetic states currently existing within their tissues as "shadow organs and "shadow channels." Then, we train the student's spirit body by increasing their

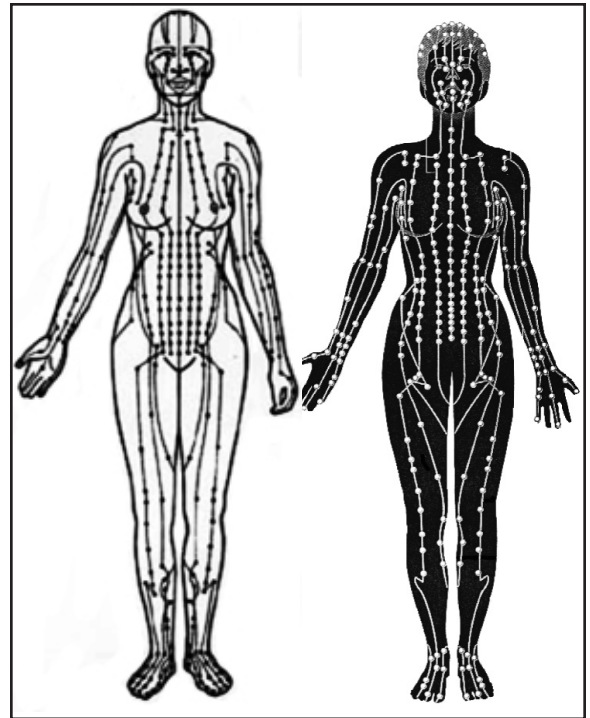


Figure 2. The body's channel system
Has its own corresponding shadow channels.

divine energy field, and use this subtle spiritual energy to increase the radiant heat, light, and vibration currently resonating within their three bodies.

As we train the new disciple to internally connect with the radiant spiritual energy currently existing inside their three bodies, his or her original spirit (soul consciousness) will begin to awaken. At this point, and they must go through the process of "intercepting karma," to recognize and eventually eliminate the dominating negative influences of their acquired personality, which is stored within their tissues and feeds their "shadow organs and channels."

If a person's "Ling Qi" ("spiritual energy") is not continually purified and transformed into radiant food for their three bodies, the internal energy of their spirit body may shift and change into what the ancient Daoists call "an internal demon" or "living shadow spirit." In other words, if the radiant-breath of the soul that internally feeds the person's spirit body is not continually energized and regulated by their cultivated virtues,

the individual could develop delusional states of extreme mental psychosis. This evil state is built on the energy of the unprocessed emotional woundings that are still alive and active within their three bodies - existing deep within these different shadow organs and channels.

- **Purging and Healing the Shadow Channels -**
- **Different Energy Ball Applications -**
Reading Assignment: V3, Ch. 22 (p. 93-104).
- **Energizing Healing Paper and Cloth.**
Reading Assignment: V3, Ch. 22 (p. 105-107).
- **Creating Talisman Water.**
Reading Assignment: V3, Ch. 22 (p. 108-111).

FRIDAY, FEB. 18TH, 2022

8:00 a.m. Review and Examination

Exam #6: Explain and demonstrate Faith Projection and Breath Incantations
Exam #7: Explain and demonstrate different Qi Projection, Breath Incantations, and Healing Talismans; as well as the advantages and disadvantages of using such practices.

10:00 a.m. Creating Healing Talismans.

Reading Assignment: V3, Ch. 22 (p. 112-125).
Intuitive, Empathetic, & Kinesthetic Perception

- **Combining Qi Emission With Moxa Therapy.**
Reading Assignment: V3, Ch. 22 (p. 126-128).

12:00 (NOON) - BREAK FOR LUNCH

2:00 p.m. Qi Emission and Herbal Therapy.

Reading Assignment: V3, Ch. 22 (p. 129-131);
and V3, Ch. 24 (p. 185-200)

SATURDAY, FEB. 19TH, 2022

8:00 a.m. Qi Emission and Cupping Therapy.

Reading Assignment: V3, Ch. 22 (p. 132-139).

12:00 (NOON) - BREAK FOR LUNCH

2:00 p.m. Energy Pattern Identification

Reading Assignment: V3, Ch. 37 (p. 607-609).

- **Diagnosis By Visual Observation.**

This is diagnosing based on observing a person's energetic vitality, body type, movement, facial color, eyes, ears, tongue, nails and energetic channels.

Reading Assignment: V3, Ch. 37 (p. 610-629).

- **Diagnosis By Listening.**

This is diagnosing based on listening to a person's speech, tone, tempo, words, respiration, cough, and digestive system noises.

Reading Assignment: V3, Ch. 37 (p. 630-632).

- **Diagnosis By Smelling.**

This is diagnosing based on smelling a person's head, breath, torso, and feet.

Reading Assignment: V3, Ch. 37 (p. 633).

- **Diagnosis By Palpation.**

This is diagnosing based on feeling a person's Pulse and Skin.

Reading Assignment: V3, Ch. 37 (p. 634-644).

4:00 p.m. Diagnosis Based on Body Association

This is diagnosing based on body association-later known as Reflexology.

- **Hand - Body Diagnosis.**

Reading Assignment: V3, Ch. 37 (p. 645-648).

- **Foot - Body Diagnosis.**

Reading Assignment: V3, Ch. 37 (p. 649-650).

SUNDAY, FEB. 20TH, 2022

8:00 a.m. The Eight Energetic Principles

An introduction to diagnosis based on the differentiation of Yin and Yang, Internal and External, Cold and Hot, and Deficient and Excess energetic patterns.

Reading Assignment: V3, Ch. 39 (p. 673-692).

9:00 a.m. The Five Element Theories

An introduction to diagnosis based on the differentiation of the Five Element Patterns.

Reading Assignment: V3, Ch. 41 (p. 713-718).

• Three 5-Element Level Classifications.

Reading Assignment: V3, Ch. 41 (p. 719-723).

• Daoist Five Element Theory and Training.

Reading Assignment: V3, Ch. 41 (p. 723-744).

• Five Element Energy Manifestation.

Reading Assignment: V3, Ch. 41 (p. 744-750).

12:00 (NOON) - BREAK FOR LUNCH

2:00 p.m. Review and Examination.

Exam #8: Explain your understanding of diagnostic principles based on energetic pattern identification.

Exam #9: Explain your understanding of diagnostic principles based on Hand - Body energetic pattern identification.

Exam #10: Explain your understanding of diagnostic principles based on Foot - Body energetic pattern identification.

Exam #11: Demonstrate a Clinical Intake; and Explain the Diagnostic Principles you prefer to use in order to ascertain the patient's condition.

Exam #12: Explain and Demonstrate the 8 Step Process of Clinical Evaluation required before treating a patient.

Exam #13: Explain the Five Element energy manifestations, and what they reveal about the patient's internal organ energy.

2:30 p.m. Developing a Treatment Plan.

Reading Assignment: V3, Ch. 38 (p. 665-672).

• Designing Clinical Intake Forms

Reading Assignment: V3, Ch. 42 (p. 751-758).

3:00 p.m. The Postnatal Baguazhang Form.

Reading Assignment: The Master's Manual of Pa Kua Chang (pages 63-65).

Jiang Rong Qiao's (1st Gua)

1. Preparation.
2. Leaning Against Horse to Ask Questions.
3. Hiding Flower Under Leaf.
4. Wild Goose Leaves the Flock (L).
- walk the circle -
5. Purple Swallow Fanning Tail.
6. Close the Door to Push Out The Moon.
7. Hiding Flower Under Leaf.
8. Wild Goose Leaves the Flock (R).
- walk the circle -
9. Purple Swallow Fanning Tail.
10. Close the Door to Push Out The Moon.
11. Hiding Flower Under Leaf.
12. Wild Goose Leaves the Flock (L).
- walk the circle -

5:30 p.m. Graduation & Certification